

EFFECT OF AYURVEDIC DRUG (AB+R)[@] IN INDIGESTION

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The developing trend of violation of code and conduct and wrong living style gives rise to indigestion, which affects the normal routine. In an open clinical study, an Ayurvedic remedy (AB+R) was studied in 235 cases of indigestion by twenty general practitioners in their private clinics. AB+R was given at a dose of 2 tablets twice a day after meals for 15 days. The patients were assessed clinically for anorexia, nausea, vomiting, and heaviness in the chest, heaviness in the body, burning sensation & constipation etc. and for their improvement on a visual analogue scale after the 4th, 7th, 11th and 15th days of treatment.

This study reveals significant improvement (p.0.001) in all the clinical signs and symptoms. Adverse effects were minor in nature and observed only in a few cases. These preliminary findings suggest a high effect of AB + R in indigestion.

[@] *Abhayasan Tablets*

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